

# Psychology And Sport Behavior

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## A System for the Behavioral Assessment of Athletic Coaches

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A behavioral assessment system for coding and analyzing the behaviors of athletic coaches in naturalistic settings is described. The Coaching Behavior Assessment System (CBAS) consists of 12 behavioral categories derived from content analyses of coaching behaviors during practices and games. The manner in which coders are trained and the CBAS used in field settings is described, and the results of several reliability studies are reported. These studies indicate that high scorer accuracy and interrater reliability can be attained. The potential use of the CBAS to extend the study of interpersonal behavior into the realm of sport psychology is also discussed.

In recent years, the behavioral assessment approach has achieved a widening range of application. Since it involves the systematic observation and coding of behavior in naturalistic settings, behavioral assessment complements psychometric trait approaches based on self-reports of behavior (4). The present report describes the development and application of a behavioral assessment system within the emerging subdiscipline of sport psychology.

Recent years have witnessed an increasing concern regarding the effects of organized athletics upon the psychosocial development of children. Existing data indicate that sport participation has neither a universally positive nor a uniformly negative effect (6). Rather, it is likely that the effects vary as a function of the way in which programs are structured, the kind of supervision that exists, and the personal characteristics of the child. Unfortunately, the manner in which these factors interact has not been empirically determined. Doing so will require methodological advances in the measurement of relevant factors. The Coaching Be-

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Psychology and Sport Behavior [Anne Marie Bird] on ospekuny.com \*FREE\* shipping on qualifying offers. Book by Bird, Anne Marie. Psychology and sport behavior. Front Cover. Anne Marie Bird, Bernette K. Cripe. Times Mirror/Mosby College Pub., - Sports & Recreation - pages. Sports psychologists have also studied specific types of behavior. For example, the origin and effect of aggression in sports have been investigated by. Essentially, the Journal of Sport Behavior is interested in sociological, psychological, anthropological, and related applications to the science of sport. KIN - Psychology of Sport Behavior and Athletic Performance. (3 units) Prerequisites: GE Foundation requirements, PSY , and upper-division standing. such as The International Journal of Sports, Journal of Sport Behavior, Journal of Applied Sport Psychology, Research Quarterly for Exercise and Sport, and. Sport psychology is an interdisciplinary science that draws on knowledge from many related In North America, early years of sport psychology included isolated studies of motor behavior, social facilitation, and habit formation. During the. Sport psychology dates back to the turn of the twentieth century. . of coaches, and on motivational influences on sport and exercise behavior, like achievement . Theses and Dissertations. May Behavior Change in Applied Sport Psychology: The Use of Processes of Change in Psychological. Training for Athletes. Not surprisingly, therefore, research on coaching behaviors and their consequences have been a strong focus of research in sport and exercise psychology. Parents should not make assumptions about their kids' behavior in sports. You might feel your child is not trying hard enough, is a poor sport. A stronger appreciation of behavior research in sport and exercise psychology is warranted and greater collaboration among sport and exercise psychologists. Psychology Research Group, Department of Exercise and Sport Science, Manchester sport psychology and motor behaviour domains will serve as exemplars. According to R.B. Alderman in the book Psychological Behavior in Sport (), sports are organised games that have become institutionalized, following a set. Applied Behavior Analysis is used in sports and athletic training to teach and reinforce skills used in training and competition. Behavioral coaching has been. Developing Athletes in the Context of Sport and Performance Psychology . and behavior patterns of youth that are conducive to optimal sport development. Sports Complex: The Science Behind Fanatic Behavior Bloomington, who has also conducted research on the psychology of sports fans. from book Behavioral Sport Psychology: Evidence-Based Approaches to decrease the likelihood of response reactivity (an alteration in behavior due to. You are here: Home Sports Psychology Individual Aspects of Performance Assertion is behaviour which is not outside the rules of the game and does not. Journal of Applied Sport Psychology Journal of Journal of sport & exercise psychology Psychology Research and Behavior Management.

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